

Must We Pack Tylenol in our Toiletry Bag Along with Our New Generation Binoculars on Every Trip?

Popping two Tylenol tablets has become as common as drinking orange juice for their medicinal effects. The generic name for Tylenol is Acetaminophen. However, due to the many Pharmaceutical companies needing to show a yearly profit to their shareholders, there probably exists in the neighborhood over 100 different trade names for Tylenol.

How did Tylenol become so popular? If you were to count the number of different television commercials for this one product, of course each commercial represents a different trade name production, you could reach close to if not equal to 100 different trade names. These trade products differ by the fillers used to make a pill, the packaging, the name, and of course the price.

Tylenol is one of the very few medications found on board every commercial aircraft. How did it make it on board? Well, it had to pass a numerous number of strict barriers. How did it do this? Well, it has to have a low toxicity, a wide range of the number of pills between no effects to a nontoxic effect that a flight attendant could be trusted not to overdose a client.

What do the airlines use as their source book on the actions, effects, dosages, potential hazards, minimal if any side effects, and potential if any for addiction. The corporate highly paid individuals of every airline (an example of one means of transportation that offers it to their customers) use the Physicians Desk Reference or PDR as their source or Bible for the answers to all their questions. Why the PDR? Because it is the book used in every physicians office or clinic, in every hospital and so on. Now why is this the case? Because the book is completely free to Physicians no matter where they practice.

How does a medication get into the PDR and who oversees what is printed in this book about each drug? Well, the best way to answer these questions is to draw a parallel between the PDR and the Bell and AT & T yellow pages. What do I mean by this? The only way that a business gets listed in the yellow pages, and what is advertised about this business is dependant strictly upon the number of dollars paid to the producers of the yellow pages. A business can say anything they wish to as long as they pay for space used.

So how are the Yellow Pages similar to the PDR? Consider them twin siblings. What medications and what are said about these medications are also dependent strictly on what a company pays for the space to advertise their product. Do Physicians truly rely upon the PDR as the pharmaceutical commercials and advertisements would lead us to believe? Of course not. However, the American public have been brain washed to believe that if the PDR says that Tylenol is a great pain killer, a great anti headache medication, an antipyretic (normalizes a fever), and all the other numerous actions attributed to Tylenol, that it must be true. And this is how we come to find 1-2 shelves full of different trade named Tylenol containers, with a wide range of prices depending of the visual aspect of the packaging in every pharmacy or large grocery store.

Well then the question comes up rather quickly, "What are the proven actions of Tylenol." Until just a few years ago, all the actions that you have been told were attributed to Tylenol, were all based on old wives tails. Not until a few years ago was Tylenol finally put through a controlled double blind study to answers these questions. This was a very large study, involving more than a thousand patients in one large hospital in the U.S. and one large hospital in Britain.

Well, what were the results? What are the true actions of Tylenol that we should be paying for and which actions are purely false advertising. According to this well accepted study which was carried out without any significant problems, the results found that Tylenol has one and only one therapeutic action on the human body and that is an antipyretic (lowers the temperature) effect on a fever in both children and Adults. So now, let us return to our original question about what over the counter medications such as Tylenol should we always pack when traveling?

Before this final answer is given, we need to understand how do we explain all the advertising for Tylenol that we hear almost every day of our lives. We are told that it stops headaches, it is a cold medication, and it is a medication for pain. If these same advertising agencies add on the words extra strength, we are then told emphatically that we have each of the previous effects but even stronger and faster acting against those symptoms. It is freedom of speech that allows all these lies to be televised, broadcasted on the radio, and written in periodicals.

Thank goodness, there exists another over the counter medication called Motrin (also called ibuprofen, Advil and so on) which again is one medication with one generic and numerous trade names. This is the better medication to take with you in its generic form of ibuprofen. It can act as an antipyretic, it is a pain killer, it reduces inflammation, and it is easier on the stomach than is aspirin that has the same actions.

Therefore the moral of the story is that everyday we are deliberately lied to in the name of money. What is important is to learn the truth, teach the truth, and live the truth. Maybe in the future, when our peoples have colonized several nearby planets, what we hear has a chance of being the truth

since we might have, by then, a government that is an example to us of living the truth. Until then, keep reading periodicals, read books, go to lectures and keep working you brain like a muscle so that you will automatically pack ibuprofen when traveling and not Tylenol.

About the Author

Reed Oxman, the author of the above, is also creator and owner of the best place to purchase your needed [Binoculars](#) and [Digital Binoculars](#), along with other types such as [Waterproof Binoculars](#) that you, your friends, or family may need. Born and raised in California, he attended UC Berkeley Undergraduate, UC Los Angeles Medical School of Medicine and became Board Certified in Emergency Medicine and Pain Management.

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