

It's Not What You Say, But the Way That You Say It!

This article is about successful job interviewing, focussing on the non-

verbal communication that takes place during an interview.

This includes how to make an immediate positive impression.

We are constantly told that this is VITAL.

So it's pretty clear we'd better get off to a good start!

Get yourself into a positive frame of mind.

Employers like positive, "can do" personalities.

Positive body language, stand tall, shoulder back.

Smile, plenty of eye contact.

Firm handshake, though NOT crushing, don't slouch.

Think energy,

Think enthusiasm,

Though don't take it too far, excited puppy stage is too far!

What we're doing here is increasing our likability score with the interviewer.

Likability in hiring terms comes down to confidence, and all this behaviour

speaks confidence, without shouting arrogance.

Having researched and prepared properly, you will have interpreted the most

important skills and personality traits that the company will be looking for,

and have aligned these with your own experiences and skills.

You're off to a great start; and your solid prep work will now kick in...

you have every right to be confident!

Listen very carefully.

Listening is a far too rarely used; demonstrate it.

Take your time and ask questions if you are unsure of something.

Now the whole point of this article is to convey that the WAY that you say

something can be far more important than the content itself.

Not advocating enthusiastically talking RUBBISH!

Am advocating keeping your energy, enthusiasm, and passion going throughout

the interview.

In your answers, and body language.

An average answer delivered with enthusiasm is better than a great answer delivered without.

As a recruiter I am always looking out for tools or techniques that will help my candidates perform with enthusiasm through interview.

It's not easy, interviews can be a daunting experience, wanting to do well often induces nerves, and other performance dampening effects.

I think extensive preparation is a fantastic antidote to interview nerves, and have also had candidates tell me that hypnosis can help.

But most recently a friend of mine told me about a DVD of Interview tips.

That had worked for him.

Slightly skeptical, I bought it and reviewed it (<http://www.sentient-recruitment.com/experts-guide-interview-skills.html>).

After viewing and listening (it comes with a CD, for listening on the way to your interview), I believe this is an excellent medium for conveying not only great technical interviewing skills, but also demonstrating the way to inject enthusiasm and energy into your answers.

DVD is an enjoyable and multi sensory experience which I believe lends itself perfectly to training such a grey and subjective area.

I plan to review more of these products, and would recommend them to everyone who is looking to add an enjoyable and highly effective training aid to their interview skills arsenal.

Visit us for more interview tips <http://www.sentient-recruitment.com/interview-tips.html>

Read my review <http://www.sentient-recruitment.com/experts-guide-interview-skills.html>

About the Author

I have been in the recruitment industry for the past 11 years.

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