

Get Sexually Excited With Bondage Restraints

BDSM is shortened from Bondage and Discipline, Domination and Submission and Sadoomasochism. Although it may sound rather smutty, some people desire to be subdued in sex, others " to be dominant. If you recollect a few episodes from your sex life, some of you, to their enormous surprise, will find out they have already tried some elements of BDSM. Remember the arousal you felt when your sexual partner was caressing you with an ice cube or a feather, your eyes being closed? That is a variant of BDSM. It can be either masochistic and painful or exceedingly erotic and exciting. It has a lot in common with a love game where one craves to be subservient and the other wants to be dominant. The roles are not imposed on partners and partners can change them.

BDSM is not a set of strict instructions you are to fulfill while having sex. On the contrary, it is totally up to you and your partner to select a scenario that will help you make your secret fantasies and desires come true. You may use your fertile imagination to the full, no boundaries being set.

BDSM and abuse are completely contrasting notions, as an abuser does not aim to please a victim. Pain and sufferings inflicted by a dominant partner to a subservient one are not that unendurable for most partners. It is very similar to massage, which is painful in the beginning, but later it brings you to the peak of enjoyable sensations.

Below are some love games for you to your sex.

- The arousing ice

Ice is regarded as one of the favorite sex accessories of all times. Blindfold and tighten up your partner and let him or her get sexual gratification by running an ice cube all over the body. Or you can put it in your mouth and run your tongue and lips all over your partner's body. For vaginal and anal climax make a dildo of ice.

- The fascinating brush

A brush is a fabulous means to make your partner excited. Blindfold and bind your partner and stroke his or her body parts with a soft brush and a stiff brush.

- The wonderful clothespin

Clothespins will also work wonderfully. Pin them on the nipples, arms, genitals and wherever you desire to. Do not remove them straight away. Let a thrill run through your partner's body.

- The fabulous flogger

A flogger is a whip designed for flogging partner. A good flogger does not cause any injury. Nevertheless, you should be cautious. Do not hit the lower back to avoid damaging kidneys. Butts, thighs and the upper back are viewed to be suitable body parts to use your flogger on.

- The luring bondage and restraint

It is recommended to make use of a regular rope to bind your partner. A spread-eagle position can be uncomfortable for your sexual partner and even painful. For those who favour handcuffs, pick the ones that are double locked. They will not tie up if you press or sit on them. However, always make sure that there are no signs of numbness, because excessive tightening can cause poor blood circulation.

Try new things. Be inventive in the bedroom.

About the Author

The author of this article is user of sex toys and is fully aware how to bring variety to sexual intercourse. Visit the author's website to learn more about bdsm adult toys.r